

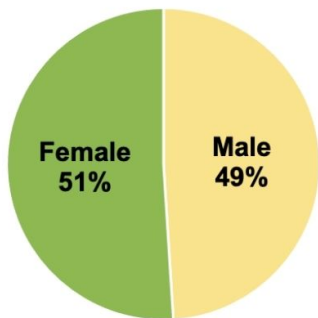
2022 HIGHLANDS COUNTY HEALTH PROFILE

Community demographics in 2020

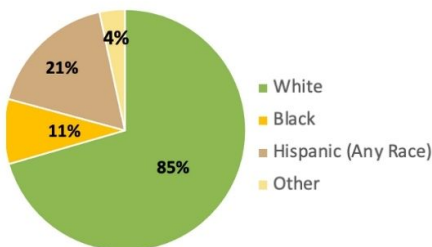
104,384

people living in Highlands county¹

Population by Gender, 2020¹



Population by Race, 2020¹



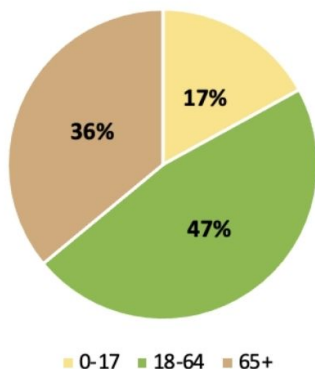
77.3 years
Life expectancy²

54.1 years
Median age²

\$50,089
Median income

40.7%
Adults with any disability

Population by Age, 2020¹



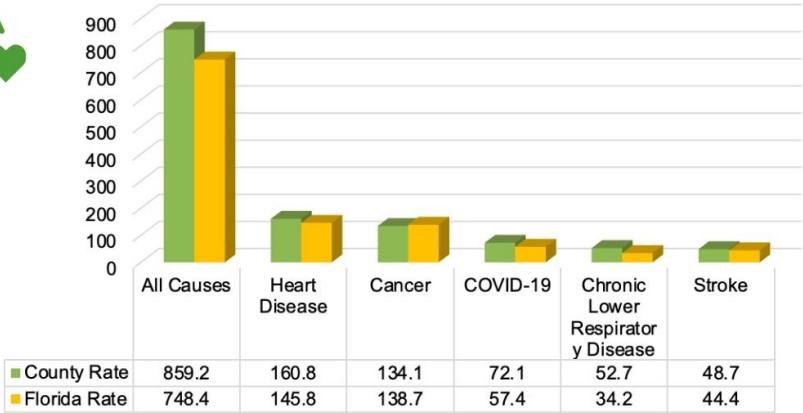
1st quartile 77.8% of adults have a personal doctor

3rd quartile 16% of the population living in poverty

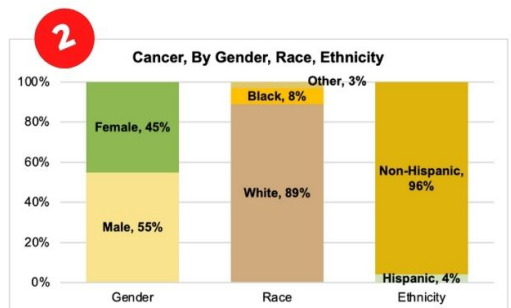
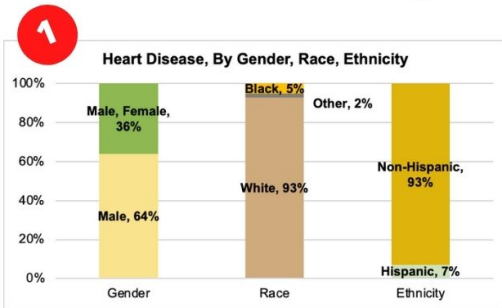
4th quartile Median income is \$13,995 less than the state average

Health Status

Age-adjusted Rates Top 5 Leading Causes of Death, 2020¹



Top 2 Leading Causes of Death, 2020¹



COVID-19 (week of July 22-28, 2022)

404
Cases

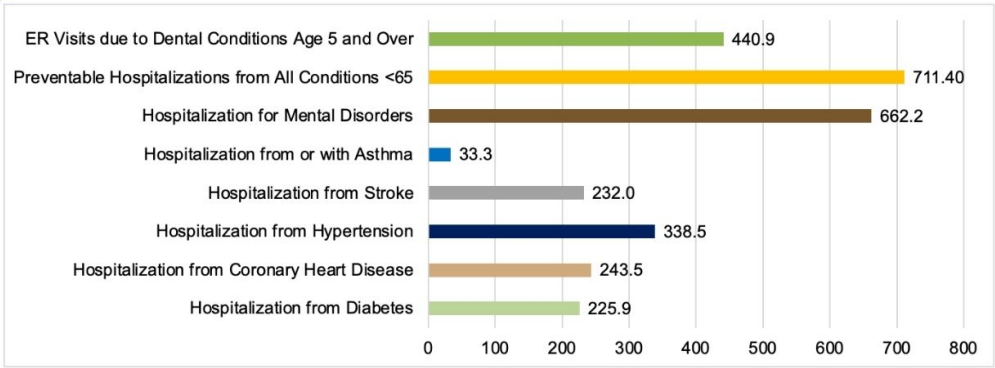
56,498
Highlands County
Residents Fully
Vaccinated

59%
Individuals
12+ Fully
Vaccinated

77,565 Statewide deaths since March 2020

The COVID-19 pandemic began in January 2020. Individuals can protect themselves and others through vaccination as well as through safety measures such as social distancing, wearing a mask, and staying home when sick. At-home testing is now more readily available and may have an impact on cases reported. For the most up to date data on COVID-19, visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Hospitalization Rates (per 100,000)⁶



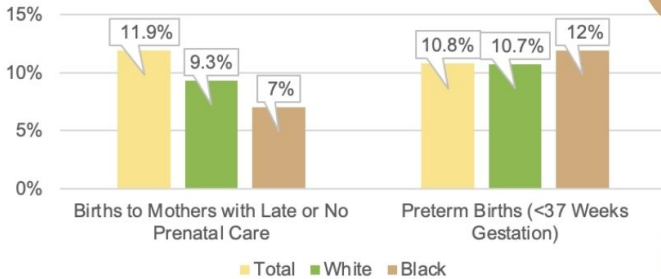
Behavioral risk factors⁴

Behavioral risk factors (2020)	County	Florida
Adults who are obese	29.8%	27%
Adults who are overweight	27.5%	37.6%
Adults who currently smoke	11.4%	14.8%
Adults who are current e-cigarette smokers	6.6%	7.5%
Adults who engage in binge or heavy drinking	13.1%	18%
Adults who are sedentary	21.8%	26.5%
Adults who consume 2+ servings of fruits & vegetables per day	39.3%	36.7%

Behavioral risk factors estimate the prevalence of personal health behaviors that can affect morbidity and mortality. Engaging in negative behaviors can increase the likelihood of developing or worsening chronic diseases. While positive health behaviors can improve quality of life.

Maternal & Child Health

Selected Maternal Health Risk Factors By Race, 2020¹



7
Births per 1,000 females¹

24.9
Teen births per 1,000, females 15-19 years old¹



2.6
Infant deaths, per 1,000 Live Births¹

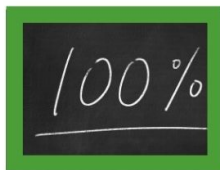
Sociodemographics



15.3%
Households receiving Food Stamps (SNAP)⁷



8.4%
Unemployment rate as of August 2020⁸



16%
People below 100% of the Federal Poverty Line⁹



76.9%
Households with access to broadband internet access¹⁰



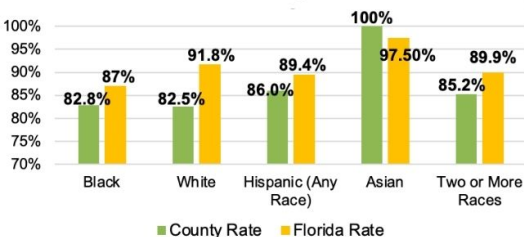
Education

5.3%
People with Less Than 9th Grade Education¹¹

14,090
People with a Bachelor's Degree¹¹

During the 2020-2021 school year, Highlands county had a **84.4%** high school graduation rate compared to Florida's **90%** graduation rate.

2020-2021 High School Graduates by Race/Ethnicity Cohort¹²



Health Access

Healthcare Providers & Resources (per 100,000) ¹³	County	Florida
Total licensed Providers (Fiscal year 21-22)	169.6	314
Family practice physicians	13.4	19.2
Dentists	33.5	56.7
Pediatricians	8.6	21.9
Internists/Internal Medicine	24.9	47.3
OB/GYN's	3.8	9.2
Licensed Mental Health Counselors	26.8	57.3
FACILITIES¹⁴	County	Florida
Total hospital beds	316	307.6
Total Acute care beds	316	248.9
Specialty Beds	0	58.6
Nursing Home beds ¹⁴	572.9	386.5

12,155
People Uninsured in Highlands County



Sources

1. Florida Department of Health, Bureau of Vital Statistics, 2020.
2. US Bureau of the Census, American Community Survey, Table B01002, 2020.
3. US Bureau of the Census, American Community Survey, Table B19013, 2020.
4. Florida Behavioral Risk Factor Surveillance System telephone survey conducted by the Centers for Disease Control and Prevention (CDC) and Florida Department of Health Division of Community Health Promotion, 2019.
5. Florida Department of Health COVID-19 Response, Accessed 8/1/2021
6. Florida Agency for Health Care Administration (AHCA), 2020.
7. US Census Bureau DP03 Selected Economic Characteristics, 2020.
8. U.S. Department of Labor, Bureau of Labor Statistics, Local Area Unemployment Statistics Program, in cooperation with the Florida Department of Economic Opportunity, Bureau of Workforce Statistics and Economic Research, 2021.
9. US Census Bureau S1701 Poverty status in the past 12 months, 2020.
10. US Census Bureau S2801 Types of Computers and Internet Subscriptions, 2020.
11. US Census Bureau DP02 Selected Social Characteristics in the United States, 2020.
12. Florida Department of Education, Education Information and Accountability Services (EIAS), 2020.
13. Florida Department of Health, Division of Medical Quality Assurance, 2020.
14. Florida Agency for Health Care Administration (AHCA), 2020.